

# Week 1

# Summer Menu



Week Commencing:

15/04/2024, 13/05/2024,  
17/06/2024 and 15/07/2024

	Mon	Tue	Wed	Thu	Fri
<p><b>MAINS</b> Fresh Flavours</p>	<p>Kung Pao Chicken Stir Fry with Peppers Served with Egg Noodles and Chinese Roasted Greens <b>(G,So,E)</b></p>	<p>Classic Chicken Breast Burger Served with Oven Baked Potato Wedges and a Spicy Carrot Salad <b>(G,Se,Su)</b></p>	<p>Classic Italian Beef Lasagne served with Garlic Bread and Green Beans <b>(G,E,Mk,So)</b></p>	<p>Butchers Chicken Sausages with Onion Gravy, Crushed New Potatoes and Green Beans <b>(Mk,Mu,So,G)</b></p>	<p>Baked Cod with Tartare Sauce, Chips and Lemon Wedge served with Chipped Potatoes, Peas or Beans <b>(G,F,E,Su)</b></p>
<p><b>VEGGIE</b> Meat Free</p>	<p>Kung Pao Quorn Stir Fry Served with Egg Noodles and Chinese Roasted Greens <b>(G,Mu,So,Ce,E)</b></p>	<p>Wholemeal Tomato and Basil Pasta with Mozzarella Topping and Salad <b>(G,Mk)</b></p>	<p>Mediterranean Vegetables Lasagne served with Garlic Bread and Green Beans <b>(G,E,Mk,So)</b></p>	<p>Vegetarian Sausage with Onion Gravy, Crushed New Potatoes and Green Beans <b>(Mk,Mu,G)</b></p>	<p>Spicy Bean Burger Bap with Lemon Coleslaw <b>(G,Su,E,Mu)</b> Served with Chipped Potatoes, Beans or Peas</p>

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every day!  
Look out for our

## Salad Bar

Fresh every day packed with tasty choices!



## MEAL DEAL

Check out what's on offer today!

Also available for Free School Meals

## ALLERGENS

we're allergy aware!

Ce = Celery      Mo = Molluscs  
Cr = Crustacean      Mu = Mustard  
E = Eggs      N = Nuts  
P = Fish      Pe = Peanuts  
G = Cereals containing Gluten      Se = Sesame Seeds  
L = Lupin      So = Soya  
Mk = Milk      Su = Sulphur Dioxide

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## JACKET POTATOES

### MONDAY

Cheese and Beans topped Jacket Potato  
**(Mk)**

### TUESDAY

Tuna Mayonnaise topped Jacket Potato  
**(E,F)**

### WEDNESDAY

Cheesy Coleslaw topped Jacket Potato  
**(E,Mu)**

### THURSDAY

Chilli con Carne topped Jacket Potato  
**(None)**

### FRIDAY

Cheese and Beans topped Jacket Potato  
**(Mk)**

## DESSERT

### MONDAY

Apple Crumble with Custard  
**(G,Mk)**

### TUESDAY

Fruity Flapjack  
**(G,Su)**

### WEDNESDAY

Baked Citrus Pudding with Lemon Sauce  
**(G,Mk,E)**

### THURSDAY

Banana Tea Bread  
**(G,Mk,E)**

### FRIDAY

Fruit Crumble with Custard  
**(G,Mk)**



# Week 2

# Summer Menu



Week Commencing:

22/04/2024, 20/05/2024,  
24/06/2024 and 22/07/2024

	Mon	Tue	Wed	Thu	Fri
<p><b>MAINS</b> <i>Fresh Flavours</i></p>	Mild Chicken Curry served with wholegrain Rice and Green Beans <b>(None)</b>	Classic Greek Beef Moussaka with Salad and Baked Wholemeal Pitta <b>(G,Mk)</b>	Peri Peri Chicken Thigh with Paprika Crushed Potatoes . Spicy Gravy, Carrots and Sweetcorn <b>(E,Su,G)</b>	Mexican Beef Chilli con Carne with Sour Cream Served with Steamed Wholegrain Rice and Broccoli <b>(Mk)</b>	Breaded Pollock or Salmon fish cakes with Tartare Sauce, and Lemon Wedge Served with Chipped Potatoes and Peas or Beans <b>(G,F,E,Su)</b>
<p><b>VEGGIE</b> <i>Meat Free</i></p>	Spring Vegetable and Lentil Curry served with Wholegrain Rice and Green Beans <b>(G)</b>	Veggie Hot Dog Roll with Roasted Onions and Ketchup Served with Oven Baked Potato Wedges and a Spicy Carrot Salad <b>(G,So)</b>	Butternut and Leek Wellington served with Gravy, New Potatoes, Carrots and Sweetcorn <b>(G,Mk,E)</b>	Vegetarian Chilli Con Carne with Sour Cream Served with Steamed Wholegrain Rice and Broccoli <b>(Mk)</b>	Wholewheat Mushroom and Sweetcorn Cheesy Pasta Bake served with Salad <b>(G,Mk)</b>

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## JACKET POTATOES

### MONDAY

Cheese and Beans topped Jacket Potato  
**(Mk)**

### TUESDAY

Cheesy Coleslaw topped Jacket Potato  
**(E,Mu)**

### WEDNESDAY

Beef Bolognaise topped Jacket Potato  
**(None)**

### THURSDAY

Tuna Mayonnaise topped Jacket Potato  
**(F,E)**

### FRIDAY

Cheese and Beans topped Jacket Potato  
**(Mk)**

## DESSERT

### MONDAY

Banana and Apple Crumble with Custard  
**(Mk,G)**

### TUESDAY

Carrot Cake  
**(G,E)**

### WEDNESDAY

Pear Crumble and Custard  
**(Mk,G)**

### THURSDAY

Baked Lemon Pudding with Vanilla Sauce  
**(Mk,E,G)**

### FRIDAY

Sultana and Cranberry Flapjack  
**(G,Su)**

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# Week 3

# Summer Menu



Week Commencing:

29/04/2024, 03/06/2024  
and 01/07/2024

	Mon	Tue	Wed	Thu	Fri
<p><b>MAINS</b> Fresh Flavours</p>	<p>Classic Spaghetti Bolognese Served with Garlic Bread and Steamed Broccoli (G,Mk,So)</p>	<p>Aromatic Chicken Balti, Steamed Wholegrain Rice and Garlic Roasted Greens (G,Mk,Su)</p>	<p>Cottage Pie served with Steamed Cabbage and Carrots (G,Ce)</p>	<p>Mexican Chicken, Peppers and Beans Fajita Served with Mexican Wholegrain Rice and Sweetcorn (G,Mu,Mk,Ce)</p>	<p>Battered Pollock or Fish Finger Bap with Lemon Coleslaw (G,E,Mu,F) Served with Chipped Potatoes, Beans or Peas</p>
<p><b>VEGGIE</b> Meat Free</p>	<p>Veggie Mince Wholewheat Bolognese Pasta Bake Served with Garlic Bread and Broccoli (G,Mk,So)</p>	<p>Aromatic Roasted Cauliflower and Chickpea Balti with Wholegrain Rice and Garlic Roasted Greens (Mk,So)</p>	<p>Vegetable Mince Cottage Pie served with Steamed Cabbage and Carrots (G,Mk,Ce)</p>	<p>Mexican Vegetable Quesadilla with Sour Cream and Cheese Served with Mexican Wholegrain Rice and Sweetcorn (G,Mu,Mk,Ce)</p>	<p>Cheese and Onion Pasty (G,Mk,E) Served with Chipped Potatoes, Beans or Peas</p>

## JACKET POTATOES

### MONDAY

Cheese and Beans topped Jacket Potato  
(Mk)

### TUESDAY

Mexican Tuna topped Jacket Potato  
(E,F,Mu)

### WEDNESDAY

Baked Bean topped Jacket Potato  
(None)

### THURSDAY

Chilli con Carne topped Jacket Potato  
(None)

### FRIDAY

Cheese and Beans topped Jacket Potato  
(Mk)

## DESSERT

### MONDAY

Eves Pudding  
(G,E)

### TUESDAY

Pineapple upside down cake and custard  
(G,E,Mk)

### WEDNESDAY

Banana Bread and Butter Pudding  
(Mk,G,So,E)

### THURSDAY

Pear and Ginger Flapjack Crumble  
(Mk,G,E)

### FRIDAY

Oat and Raisin Cookie  
(Mk,E,G)

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# Week 4

# Summer Menu



Week Commencing:

06/05/2024, 10/06/2024  
and 08/07/2024

	Mon	Tue	Wed	Thu	Fri
<p><b>MAINS</b> Fresh Flavours</p>	<p>Chinese Style Chicken Thigh with Sweet and Sour Sauce with Steamed Soya Noodles and Green Beans <b>(G,Su,So,Se,Mu)</b></p>	<p>Beef Keema Curry Served with Wholegrain Rice, Roasted Butternut and Peas <b>(None)</b></p>	<p>Chicken Pasta Bake with Sweetcorn and Leeks, Served with Steamed Broccoli <b>(Mk,G)</b></p>	<p>Beef Mince Puff Pastry Pie Served with Creamy Mash, Baby Carrots and Green Beans</p>	<p>Battered Pollock with Tartare Sauce and Lemon Wedge or Smoked Salmon and Spinach Tart <b>(G,F,E,Su,Mk)</b> Served with Chipped Potatoes, Beans or Peas</p>
<p><b>VEGGIE</b> Meat Free</p>	<p>Sweet and Sour Quorn Served with Steamed Noodles and Green Beans <b>(G,Su,So,Se,Mu)</b></p>	<p>Veggie Mince Curry Served with Wholegrain Rice, Roast Butternut and Peas <b>(So,E)</b></p>	<p>Neapolitan Wholewheat Spaghetti with Olives and Chefs salad <b>(G)</b></p>	<p>Vegetarian Cajun Sausage Casserole Baby Carrots and Green Beans <b>(G,Su)</b></p>	<p>Roast Pepper and Feta Cheese Frittata with Broccoli <b>(E,Mk)</b></p>

## JACKET POTATOES

### MONDAY

Cheese and Beans topped Jacket Potato  
**(Mk)**

### TUESDAY

Beef Chilli topped Jacket Potato  
**(None)**

### WEDNESDAY

Tuna Sweetcorn Mayonnaise topped Jacket Potato  
**(F,E)**

### THURSDAY

Cheese and Beans topped Jacket Potato  
**(Mk)**

### FRIDAY

Chicken Curry topped Jacket Potato

## DESSERT

### MONDAY

Apple and Winter Berries Crumble with Custard  
**(G,Mk)**

### TUESDAY

Roasted Pineapple and Ginger Cake  
**(G,E,Mk)**

### WEDNESDAY

Jam and Coconut Sponge with Custard  
**(G,E,Mk)**

### THURSDAY

Pear and Vanilla Topsy Turvy Cake  
**(G,E,Mk)**

### FRIDAY

Sticky Toffee Pudding  
**(Mk,E,G,Su)**

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